

# MUNCHKIN FUN THANKSGIVING KINDNESS CHALLENGE



PART 3: COMFORTING THE SICK



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to be best in any  
point of view.

**Kindness**

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A sunset sky with a rainbow and a blue circle containing text. The background is a vibrant sunset sky with a rainbow arching across the upper right. A large blue circle is centered on the page, containing the quote in white text. The bottom of the image shows a silhouette of mountains against the orange glow of the setting sun.

**"TRY TO  
BE A RAINBOW  
ON SOMEONE ELSE'S  
CLOUD**

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**MAYA ANGELOU**





# TAKE ACTION:

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# MAKE A COMFORT BLANKET

Soft, fuzzy blankets are fun to make - and provide welcome comfort to a child in need. Partner with Project Linus to deliver & create blankets that double as "hugs."

- **Watch this video.** [Click here to watch a one-minute video](#) explaining the importance of blankets to kids & how Project Linus works.
- **Pick your design.** [Click here to browse blanket design ideas](#) (including 3 no-sew options)
- **Go shopping.** Head to a local fabric store to gather scissors, a ruler and fabric. Or [buy a fleece blanket kit here](#).
- **Deliver.** [Click here to find your local Project Linus chapter](#). Travel together to donate your blanket.

# TAKE ACTION

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# LOCAL RESOURCES



## LOCAL ORGANIZATIONS PROVIDING COMFORT TO THE SICK

- National: [Color a Smile](#)
- Broward: [Nicklaus Children's Hospital](#)
- Central Florida: [Orlando Health](#)
- Jacksonville: [Wolfson Children's Hospital](#)
- Miami: [Ronald McDonald House of South Florida](#)
- PBC: [Homeless Coalition of Palm Beach County](#)
- Tampa Bay: [Ronald McDonald House of Tampa Bay](#)



# ASK QUESTIONS

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CONVERSATIONS  
MATTER



**Help kids imagine what illness would feel like...**

- How would you feel if you had to spend the night at the hospital, or had to be separated from your parents for some reason? What would help you feel better?
- Do you have a blanket or something soft and cuddly that you love? How do you feel when you hold it?
- Why would a blanket bring comfort to a child who is scared or having a difficult time?

# READ A KIDS BOOK ABOUT COMFORTING THE SICK



**Get Well Soon** by Charlotte Hudson. Wobbily Fang's mom doesn't look like Mummy any more. She looks small and lost and alone in her strange room in the hospital. "When are you coming home?" asks Wobbily Fang. Wobbily Fang brings Mummy all the home comforts in hospital until she is all better and smiling again, ready to wear her moonfeather coat home.



**The Invisible String** by Patrice Karst. A mother tells her two children that they're all connected by an invisible string. "That's impossible!" the children insist, but still they want to know more: "What kind of string?" The answer is the simple truth that binds us all: An Invisible String made of love. Even though you can't see it with your eyes, you can feel it deep in your heart.